

Dear Mike & Karen,

Peak Physical Therapy was recommended to me by Dr. Donna Ferraro. She specifically recommended Erin. She said that she was a “hands on” therapist and that I would be very happy with her.

SHE WAS RIGHT!!! I have had stress-related neck problems for 20 years. I have gone to other Physical Therapy facilities and chiropractors. You have, by far, the most impressive facility. Erin takes her time and listens when you tell her what problems you are having. I have never felt rushed when I’m there. I feel that I have her full attention. I’ve been to the “one size fits all” places. There is no personal attention paid to anyone. They spend 5 minutes telling you what exercises to do and then go on to the next person. I call it the McDonald’s of Physical Therapy.

When I came to Peak, I was having severe headaches. I’m on the computer all day at work. After 5 or 6 hours, I would feel the tension in my neck and shoulders. Some of my hobbies, I was unable to do, because when I bent my head down for a certain amount of time, I would get my headaches back. Erin took her time and even after the first visit, I felt better. The exercises that she gave me helped almost immediately. I will continue to do these exercises for the rest of my life. I have her to thank for that.

My husband had back surgery last October and went to one of the “one size fits all” Physical Therapy facilities. He was not very happy with their program. In fact he felt worse when he went, instead of better. He stopped going and did stretching exercises at home. Unfortunately, he has to have surgery again in January. He will be coming to Peak as soon as the doctor says he is ready.

I thank you so much! I thank Erin!! You should be VERY PROUD of the manner in which you are helping people. It’s very obvious that you personally care about the patients that come to you.

My best to you all – see you next week!

Chris McIntee